

Product Shelf Life & Ingredients

Our products are baked with dairy & "FREE RANGE" eggs and must be stored appropriately (room temperature or chilled). All of our products are best kept in an air-tight container.

Below is a matrix list of our products and their allergen & gluten status:

No Gluten Source/ Trace Amounts Of Gluten:

Does not contain ingredients from a gluten source. These products do not contain any ingredients that contain gluten. We do not make a "Gluten Free" disclaimer on our products, instead choosing to provide you with the information upon which to make decisions.

Gluten free ingredients were used in manufacturing this product. Note: glucose syrup or caramel colour can be included in the list as they test as nil detectable. Great care has been taken to avoid cross contamination.

This product specification matrix is designed to clearly identify all Allergens used including shelf Life and storage temperature:

Key Used: O: May Contain *T: Contains Trace Amounts Y: Does Contain C: Chilled A: Ambient

| Product | Shelf Life | oC degrees | Best served at | Peanut | Tree nut | Milk | Egg | Diary | Soy | Sesame | Contains gluten | Source |
|-------------------------------|------------|------------|----------------|--------|----------|------|-----|-------|-----|--------|-----------------|---|
| Louise Cake | 6 days | A | A | O | O | | Y | Y | | | T | Egg, Butter |
| Hazelnut Meringue | 5 days | 1-4 | A | O | Y | | Y | Y | | T | T | Egg, Butter, Cream Cheese, Hazelnut |
| Hazelnut, Orange & Blackberry | 5 days | 1-4 | A | O | Y | O | Y | Y | O | O | T | Egg, Butter, Hazelnut Meal, Vanilla Paste, White Chocolate |
| Pistachio & Raspberry | 4 days | 1-4 | A | O | Y | O | Y | Y | Y | T | T | Egg, Butter, Cream Cheese, Almond Meal, Pistachio Paste, White Chocolate |
| Mandarin Polenta | 1 week | 1-4 | A | O | Y | | Y | Y | | | T | Egg, Butter, Almond Meal |
| Berthas Brownie | 2 weeks | A | A | O | Y | Y | Y | Y | Y | T | T | Egg, Butter, Cream Cheese, Walnuts, Dark Chocolate |
| Coffee Torte | 5 days | 1-4 | A | O | Y | O | Y | Y | Y | O | T | Egg, Hazelnut, Butter, Cream Cheese, Chocolate, Vanilla Paste |
| Granola Bar | 2 weeks | A | A | O | Y | O | O | Y | O | O | T | Butter, Pistachios, Almonds, Macadamias, Hazelnuts, Vanilla Paste |
| Breakfast Muffin | 4 days | A | A | O | O | Y | Y | O | Y | O | Y | Wheat, Milk, Egg, Chocolate, Walnut, butter (blueberry), Chocolate(pretzel) |
| Choc Ricotta Gold Hazelnut | 5 days | 1-4 | A | O | Y | O | Y | Y | O | O | T | Almond Meal, Hazelnuts, Egg, Chocolate, Condensed, Butter, Ricotta Cheese, Cream, Vanilla Paste |
| Fig & Ginger Cake | 5 days | 1-4 | A | O | Y | Y | Y | Y | O | O | T | Buttermilk, Egg, Butter, Yogurt, Pistachio, Vanilla paste |
| Carrot Cake | 5 days | 1-4 | A | O | Y | O | Y | Y | Y | T | Y | Wheat, Egg, Butter, Cream Cheese, Walnuts, White Chocolate |
| Sour Cherry Cake | 5 days | 1-4 | A | O | T | | Y | Y | | T | Y | Wheat, Egg, Butter, Sour Cream |
| Vanilla Cupcake | 4 days | 1-4 | A | O | O | Y | Y | Y | Y | | Y | Wheat, Milk, Egg, Butter, Buttermilk, Cream Cheese, White Chocolate |
| Lime Yogurt Syrup Cake | 1 week | 1-4 | A | O | O | Y | Y | Y | | | Y | Wheat, Yogurt, Egg, Butter |
| Passionfruit Poppy Cake | 1 week | 1-4 | A | O | O | Y | Y | Y | O | O | Y | Wheat, Milk, Egg, Butter, Poppy Seed |
| Berry Cheesecake | 1 week | 1-4 | C | | | Y | Y | Y | | | Y | Wheat, Milk, Egg, Butter, Cream Cheese, Sour Cream |
| Lamington | 5 days | 1-4 | A | O | O | Y | Y | Y | O | O | Y | Wheat, Milk, Egg, Butter |
| Energy Bar | 7 days | A | A | O | Y | | | | O | O | T | Cashews |



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|-----------------------------|------------|------------|----------------|--------|----------|------|-----|-------|-----|--------|-----------------|---|
| Vegan Banana Cake | 5 days | 1-4 | A | T | T | | | | Y | | T | Soy Milk |
| Vegan Choc Cherry Cake | 5 days | 1-4 | A | O | Y | | | | O | O | Y | Wheat, Vanilla Paste, Almond Butter |
| Choc Almond Meringue | 5 days | 1-4 | A | O | Y | O | Y | Y | O | O | T | Egg White, Butter, Almonds, Dark Chocolate, Cream |
| Vegan Carrot Cake | 5 days | 1-4 | A | O | Y | | | | | O | Y | Plain Flour, Walnuts |
| Vegan Apple Ginger Oat Cake | 5 days | 1-4 | A | O | O | | | | O | O | Y | Plain Flour, Oats |
| Vegan Choc Slice | 2 weeks | 1-4 | A | O | Y | | | | O | O | T | Almond Meal, Vanilla Paste |
| Berry Velvet Teacake | 6 days | 1-4 | A/C | | O | O | Y | Y | O | O | T | Whole Egg, Butter, Vanilla Paste |
| Choc Caramel Tart | 5 days | 1-4 | A | O | Y | O | Y | Y | O | O | Y | Almonds, Cream, Butter, Whole Egg, Almonds, Chocolate |
| Buttermilk Tart | 3 days | 1-4 | C | | | Y | Y | Y | | | Y | Wheat, Buttermilk, Eggs, Butter, Yogurt |
| Frangipane Tart | 1 week | A | A | O | Y | | Y | Y | O | O | Y | Wheat, Almond Meal, Egg, Butter, Cream |
| Walnut Maple Tart | 1 week | A | A | O | Y | Y | Y | Y | | T | Y | Wheat, Egg, Walnuts, Butter, Cream |
| Passionfruit Tart | 4 days | 1-4 | C | O | O | Y | Y | Y | Y | T | Y | Wheat, Eggs, Cream, Butter, White Chocolate |
| Salted Caramel Snap | 2 weeks | A | A | O | Y | Y | Y | Y | Y | T | Y | Wheat, Pistachios, Cream, Butter, Egg, Condensed Milk, Chocolate |
| Pretzel Bar | 7 days | 1-4 | A | Y | O | O | O | Y | Y | O | Y | Peanuts, Butter, Wheat, Chocolate |
| Biscotti | 3 weeks | A | A | O | Y | | Y | | | O | Y | Wheat, Pistachio, Egg |
| Macadamia Cookie | 2 weeks | A | A | O | Y | O | Y | Y | Y | O | Y | Wheat, Egg, Macadamia, Butter, Condensed Milk, Vanilla Paste, Chocolate |
| Peanut Butter Cookie | 3 weeks | A | A | Y | Y | O | Y | Y | Y | O | Y | Wheat, Peanut, Egg, Butter, Dark Chocolate |
| Gingerbread Bears | 4 weeks | A | A | O | O | | Y | Y | O | O | Y | Wheat, Butter, Eggs |
| Lemon Myrtle Biscuit | 2 weeks | A | A | O | O | | O | Y | | | Y | Wheat, Butter, Eggs |
| Berry Pavlova | 2 days | 1-4 | C | | | | Y | Y | | | T | Cream, Egg |
| Choc Pavlova | 2 days | 1-4 | C | O | Y | O | Y | Y | Y | O | T | Cream, Egg, Hazelnut, Nutella |
| Christmas Fruit Mince Pies | 5 weeks | A | A | O | O | Y | Y | Y | | | Y | Wheat Gluten, Butter, Whole egg. |

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|-----------------------------|------------|------------|----------------|--------|----------|--------|--------|--------|--------|--------|-----------------|----------------------------------|
| Christmas Gingerbread Trees | 6 weeks | A | A | O | O | | Y | Y | | | Y | Wheat Gluten, Butter, Whole egg. |
| Weekly Special | 4 days | See OM | See OM | See OM | See OM | See OM | See OM | See OM | See OM | See OM | See OM | |

The matrix table is intended to assist you, but we would strongly recommend you consult your medical adviser before making any dietary changes based on it.
WARNING : from time to time some of our recipes that contain dried fruit or nuts may contain shell, pits or stones from harvest.

