

sweet treats ingredients list

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Louise Cake

Sugar, butter, coconut, gluten free plain flour, blueberry jam, raspberries, egg white, egg, brown sugar, lemon zest.

Hazelnut & Cranberry Meringue

Sugar, egg whites, hazelnuts, raw sugar, hazelnut meal, cranberries, cream, white chocolate, gluten free plain flour, butter & cream of tartar.

Hazelnut, Orange and Blackberry Cake

Butter, sugar, egg, hazelnut meal, orange pulp, gluten free plain flour, baking powder, salt, vanilla paste, blackberries, cream cheese, white chocolate, water.

Italian Ricotta & Hazelnut Cake

Hazelnuts, gluten free plain flour, dark couverture chocolate, almond meal, butter, caster sugar, whole egg, ricotta cheese, vanilla extract, salt, cream, glucose syrup & gold perlato dust.

Pistachio Raspberry Teacake

Eggs, almond meal, sugar, butter, pistachio paste, cream cheese, white chocolate & raspberry.

Mandarin & Polenta Cake

Oranges (whole), butter, sugar, almond meal, eggs, polenta & baking powder.

Bertha's Brownie

Walnuts, butter, couverture dark chocolate, Dutch cocoa, sugar, eggs, cream cheese, gluten free plain flour & coffee.

Berry Crumble Cheese Cake

Cream cheese, sour cream, sugar, lemon juice, whole egg, corn flour, butter, raspberries, blackberries, blueberries & snow sugar.

Granola Bar

Cranberries, coconut, apricot, pistachio, golden syrup, almonds, macadamias, hazelnuts, gluten free plain flour, flaxseeds, pepitas, brown sugar, puffed grains (brown rice, buckwheat and sorghum), butter, vanilla paste & salt.

Breakfast Muffins

Sugar, wheat starch, vegetable oil, eggs, water, Wheat flour, whey powder, salt, glucose syrup, skim milk powder. (**Chocolate Muffin** – dark chocolate, white chocolate & Bertha's Brownie. **Blueberry Muffins** - Brown sugar, gluten free plain flour, butter, oats, blueberries & blueberry jam. **Raspberry Muffins** - Cream cheese, lemon, wheat biscuit, white chocolate, milk, vanilla essence & lime).

Fig & Ginger Cake

Figs, butter, sugar, almond meal, gluten free flour, eggs, buttermilk, ginger, salt, vanilla paste, icing sugar, cream cheese, pistachios and dried flower petals.

Carrot Cakes

Self-raising flour, brown sugar, vegetable oil, walnuts, carrots (whole), eggs, white chocolate, cream cheese, butter, pistachios, mixed spice & bicarb of soda.

Sour Cherry & Lemon

Eggs, sugar, sour cream, butter, self-raising flour, cherries, lemon juice, salt, lemon zest & gelatine.

Vanilla Strawberry Teacake

Buttermilk, eggs, self-raising flour, plain flour, sugar, salt, butter, white chocolate, cream cheese, freeze dried strawberry & dried flowers.

Lime Yoghurt Syrup Cake

Plain flour, butter, sugar, eggs, yoghurt, blueberries, icing sugar, lime (juice and zest), salt & baking powder.

Passionfruit & Poppy Seed Cake

Sugar, self-raising flour, butter, egg, milk, passionfruit, water & poppy seeds.

Pretzel Bar

Peanut butter, white chocolate, dark chocolate, butter, wheat pretzels, sugar, water, glucose, puff cereal & peanuts.

Lamingtons

Eggs, sugar, plain flour, corn flour, butter, raspberry jam, gelatine (animal based), icing sugar mix, Dutch cocoa, thickened cream & shredded coconut.

Lemon Buttermilk Tart

Buttermilk, sugar, eggs, butter, yoghurt, lemon, corn flour, salt, gelatine & snow sugar.

Frangipane & Berry Tart

Almond meal, sugar, butter, eggs, plain flour, cream, salt, raspberries & blueberries.

Walnut Maple & Bourbon Tart

Plain flour, butter, sugar, eggs, walnuts, maple syrup, glucose syrup, bourbon & salt.

Passionfruit & White Chocolate Tart

Plain flour, sugar, whole egg, butter, cream, white chocolate, whole passionfruit pulp & passionfruit juice.

Salted Caramel Chocolate Crackle Snap

Flour, butter, brown sugar, eggs, dark chocolate, Dutch cocoa, condensed milk, pistachios, icing sugar, white chocolate, cream, caramel, baking powder, all spice & salt.

Macadamia Sandwich

Macadamia nut, plain flour, brown sugar, whole eggs, butter, castor sugar, honey, vanilla paste, baking soda, salt, condensed milk, white chocolate & cream.

Lemon Myrtle Sandwich

Self-raising flour, butter, raw sugar, icing sugar, lemon juice & lemon myrtle oil.

Biscotti

Sugar, gluten free plain flour, baking powder, salt, eggs, pistachios, cranberries & orange.

Peanut Butter Choc Chip Cookies

Butter, sugar, eggs, plain flour, salt, bicarb of soda, peanuts & dark chocolate.

Little Beartha Gingerbreads

Brown sugar, butter, golden syrup, eggs, plain flour, salt, ginger powder & mixed spice.

Pavlova's

Sugar, egg white, cream, icing sugar, raspberry jam, gelatine & cream of tartar. (Nutella & whole hazelnuts added to chocolate Pavlovas).



Coffee & Hazelnut Torte

Brown sugar, hazelnut meal, whole eggs, dark couverture chocolate, butter, Dutch cocoa, coffee, vanilla paste, cream cheese, white chocolate, caster sugar, honey, golden syrup & bicarb of soda.

Chocolate Caramel Tart

Plain flour, butter, sugar, eggs, salted almonds, dark couverture chocolate, cream, water & salt.

Berry Velvet Teacake

Whole egg, almond meal, butter, icing sugar, white chocolate, cream cheese, raspberry paste, blueberry jam, dextrose, food colour E124, freeze dried strawberry, blue corn flowers & snow sugar.

Energy Bar - Orange, Cashew & Date

Dates, cashews, figs, cranberries, coconut, pumpkin seeds, Dutch cocoa powder, linseeds, cinnamon, honey, coconut oil, orange oil, candied fennel seeds, freeze dried orange peel, salt & lemon juice.

Chocolate Almond Meringue Cake

Egg white, caster sugar, cream of tartar, dark couverture chocolate, almonds, raw sugar, gluten free flour, cream, glucose, butter, raspberries.

Vegan Banana, Coconut & Teff Flour Cake

Whole banana fruit, soy milk, Teff flour (gluten free), coconut oil, apple cider vinegar, coconut, coconut sugar, salt, bicarb of soda, baking powder, cinnamon, nutmeg, mixed spice, Tofutti cream cheese, Nuttelex Buttery, tapioca, poppy seeds & vanilla paste.

Vegan Carrot Cake

Plain flour, baking powder, vegan butter, bicarb soda, salt, cinnamon, nutmeg, carrot, brown sugar, flax seeds, water, canola oil, vanilla paste, apple cider vinegar, icing sugar, lemon juice, caster sugar, pepitas & walnuts.

Vegan Apple Ginger Oat Cake

Plain flour, baking powder, bicarb soda, salt, ginger, cinnamon, red delicious apple, granny smith apple, brown sugar, flaxseeds, water, canola oil, apple cider vinegar, icing sugar, vegan butter, vanilla essence, pepitas and purple mallow flowers.

Vegan Chocolate Cherry Cake

Plain flour, Dutch cocoa powder, baking powder, salt, raw sugar, coconut oil, coffee, water, vanilla paste, almond butter, cherries, vegan cream cheese, Nuttelex, tapioca, freeze dried cherries and purple mallow flowers.

Vegan Chocolate Slice

Almond meal, dates, Dutch cocoa, maple syrup, lemon juice, salt, Kahlua liquor, white pepper, coconut oil, vanilla paste, cocoa nibs & raspberries.

Christmas Fruit Mince Pies

Fruit Mince 55% (sultanas, currants, figs, citrus peel, unsalted butter, brown sugar, dates, ginger, dark rum, lemon juice, mixed spices, nutmeg & salt), wheat flour, sugar, egg & cream.

Gingerbread Christmas Trees

Brown sugar, unsalted butter, golden syrup, whole egg, wheat flour, salt, ginger powder, allspice, egg white, icing sugar & silver cachous ball.