

Product Shelf Life & Ingredients

Our products are baked with dairy & "FREE RANGE" eggs and must be stored appropriately (room temperature or chilled). All of our products are best kept in an air-tight container.

Below is a matrix list of our products and their allergen & gluten status:

No Gluten Source/ Trace Amounts Of Gluten:

Does not contain ingredients from a gluten source. These products do not contain any ingredients that contain gluten. We do not make a "Gluten Free" disclaimer on our products, instead choosing to provide you with the information upon which to make decisions.

Gluten free ingredients were used in manufacturing this product. Note: glucose syrup or caramel colour can be included in the list as they test as nil detectable. Great care has been taken to avoid cross contamination.

This product specification matrix is designed to clearly identify all Allergens used including shelf Life and storage temperature:

Key Used: O: May Contain *T: Contains Trace Amounts Y: Does Contain C: Chilled A: Ambient

Product	Shelf Life	oC degrees	Best served at	Peanut	Tree nut	Milk	Egg	Diary	Soy	Sesame	Contains gluten	Source
Louise Cake	6 days	A	A	O	O		Y	Y			T	Egg, Butter
Hazelnut Meringue	5 days	1-4	A	O	Y		Y	Y		T	T	Egg, Butter, Cream Cheese, Hazelnut
Choc Zucchini Cake	5 days	1-4	A	O	Y	Y	Y	Y	Y	T	T	Egg, Butter, Almonds, Dark Chocolate
Pistachio & Raspberry	4 days	1-4	A	O	Y	O	Y	Y	Y	T	T	Egg, Butter, Cream Cheese, Almond Meal, Pistachio Paste, White Chocolate
Mandarin Polenta	1 week	1-4	A	O	Y		Y	Y			T	Egg, Butter, Almond Meal
Berthas Brownie	2 weeks	A	A	O	Y	Y	Y	Y	Y	T	T	Egg, Butter, Cream Cheese, Walnuts, Dark Chocolate
Coffee Torte	5 days	1-4	A	O	Y	O	Y	Y	Y	O	T	Egg, Hazelnut, Butter, Cream Cheese, Chocolate, Vanilla Paste
Granola Bar	2 weeks	A	A	O	Y	O	O	Y	O	O	T	Butter, Pistachios, Almonds, Macadamias, Hazelnuts, Vanilla Paste
Breakfast Muffin	4 days	A	A	O	O	Y	Y	O	Y	O	Y	Wheat, Milk, Egg, Chocolate, Walnut, butter (blueberry), Chocolate(pretzel)
Choc Peanut Brittle Meringue	5 days	1-4	A	Y	Y	Y	Y	O	O	O	Y	Almond Meal, Peanuts, Egg White, Chocolate, Condensed Milk, Butter.
Fig & Ginger Cake	5 days	1-4	A	O	Y	Y	Y	Y	O	O	T	Buttermilk, Egg, Butter, Yogurt, Pistachio, Vanilla paste
Carrot Cake	5 days	1-4	A	O	Y	O	Y	Y	Y	T	Y	Wheat, Egg, Butter, Cream Cheese, Walnuts, White Chocolate
Sour Cherry Cake	5 days	1-4	A	O	T		Y	Y		T	Y	Wheat, Egg, Butter, Sour Cream
Vanilla Cupcake	4 days	1-4	A	O	O	Y	Y	Y	Y		Y	Wheat, Milk, Egg, Butter, Buttermilk, Cream Cheese, White Chocolate
Lime Yogurt Syrup Cake	1 week	1-4	A	O	O	Y	Y	Y			Y	Wheat, Yogurt, Egg, Butter
Passionfruit Poppy Cake	1 week	1-4	A	O	O	Y	Y	Y	O	O	Y	Wheat, Milk, Egg, Butter, Poppy Seed
Berry Cheesecake	1 week	1-4	C			Y	Y	Y			Y	Wheat, Milk, Egg, Butter, Cream Cheese, Sour Cream
Lamington	5 days	1-4	A	O	O	Y	Y	Y	O	O	Y	Wheat, Milk, Egg, Butter
Energy Bar	7 days	A	A	O	Y				O	O	T	Cashews



Product	Shelf Life	oC degrees	Best served at	Peanut	Tree nut	Milk	Egg	Diary	Soy	Sesame	Contains gluten	Source
Vegan Banana Cake	5 days	1-4	A	T	T				Y		T	Soy Milk
Vegan Choc Cherry Cake	5 days	1-4	A	O	Y				O	O	Y	Wheat, Vanilla Paste, Almond Butter
Pistachio & Strawberry Brownie	1 week	1-4	A	O	Y	O	Y	Y	O	O	T	Whole Egg, Butter, Pistachios, Dark Chocolate, Vanilla Paste.
Persian Love Cake	4 days	1-4	A	T	Y	Y	Y	Y	Y	O	T	Butter, Whole Egg, Almond Meal, Pistachio Nut, Vanilla Paste, Mascarpone, Cream Cheese, White Chocolate
Orange & Fig Pistachio Cake	1 week	1-4	A	O	Y	Y	Y	Y	O	O	T	Butter, Whole Eggs, Almond Meal, Cream, vanilla Paste
Vegan Choc Slice	2 weeks	1-4	A	O	Y				O	O	T	Almond Meal, Vanilla Paste
French Earl Grey Teacake	1 week	1-4	A	O	O	Y	Y	Y	O	O	Y	Butter, Wheat Flour, Vanilla Paste, Whole Egg, Cream Cheese, Milk, Vanilla Paste
Berry Velvet Teacake	6 days	1-4	A/C		O	O	Y	Y	O	O	T	Whole Egg, Butter, Vanilla Paste
Choc Caramel Tart	5 days	1-4	A	O	Y	O	Y	Y	O	O	Y	Almonds, Cream, Butter, Whole Egg, Almonds, Chocolate
Buttermilk Tart	3 days	1-4	C			Y	Y	Y			Y	Wheat, Buttermilk, Eggs, Butter, Yogurt
Frangipane Tart	1 week	A	A	O	Y		Y	Y	O	O	Y	Wheat, Almond Meal, Egg, Butter, Cream
Walnut Maple Tart	1 week	A	A	O	Y	Y	Y	Y		T	Y	Wheat, Egg, Walnuts, Butter, Cream
Passionfruit Tart	4 days	1-4	C	O	O	Y	Y	Y	Y	T	Y	Wheat, Eggs, Cream, Butter, White Chocolate
Salted Caramel Snap	2 weeks	A	A	O	Y	Y	Y	Y	Y	T	Y	Wheat, Pistachios, Cream, Butter, Egg, Condensed Milk, Chocolate
Pretzel Bar	7 days	1-4	A	Y	O	O	O	Y	Y	O	Y	Peanuts, Butter, Wheat, Chocolate
Biscotti	3 weeks	A	A	O	Y		Y			O	Y	Wheat, Pistachio, Egg
Macadamia Cookie	2 weeks	A	A	O	Y	O	Y	Y	Y	O	Y	Wheat, Egg, Macadamia, Butter, Condensed Milk, Vanilla Paste, Chocolate
Peanut Butter Cookie	3 weeks	A	A	Y	Y	O	Y	Y	Y	O	Y	Wheat, Peanut, Egg, Butter, Dark Chocolate
Gingerbread Bears	4 weeks	A	A	O	O		Y	Y	O	O	Y	Wheat, Butter, Eggs
Lemon Myrtle Biscuit	2 weeks	A	A	O	O		O	Y			Y	Wheat, Butter, Eggs
Berry Pavlova	2 days	1-4	C				Y	Y			T	Cream, Egg
Choc Pavlova	2 days	1-4	C	O	Y	O	Y	Y	Y	O	T	Cream, Egg, Hazelnut, Nutella

Product	Shelf Life	oC degrees	Best served at	Peanut	Tree nut	Milk	Egg	Diary	Soy	Sesame	Contains gluten	Source
Weekly Special	See Pack	See Pack	See Pack	See Pack	See Pack	See Pack	See Pack	See Pack	See Pack	See Pack	See Pack	See Pack
Christmas Fruit Mince Pies	5 weeks	A	A	O	O	Y	Y	Y			Y	Wheat Gluten, Butter, Whole egg.
Christmas Gingerbread Trees	6 weeks	A	A	O	O		Y	Y			Y	Wheat Gluten, Butter, Whole egg.

The matrix table is intended to assist you, but we would strongly recommend you consult your medical adviser before making any dietary changes based on it.
WARNING : from time to time some of our recipes that contain dried fruit or nuts may contain shell, pits or stones from harvest.

