sweet treats ingredients list

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Louise Cake

Sugar, butter, coconut, gluten free plain flour, blueberry jam, raspberries, egg white, egg, brown sugar, lemon zest.

Hazelnut & Cranberry Meringue

Sugar, egg whites, hazelnuts, raw sugar, hazelnut meal, cranberries, cream, white chocolate, gluten free plain flour, butter & cream of tartar.

Chocolate Zucchini Cake

Whole grated zucchini, brown sugar, vegetable oil, almond meal, self-raising gluten free flour, eggs, butter, Dutch cocoa, bicarb of soda, cinnamon, almonds, pistachios, icing sugar, couverture dark chocolate, golden syrup & water.

Pistachio Raspberry Teacake

Eggs, almond meal, sugar, butter, pistachio paste, cream cheese, white chocolate & raspberry.

Mandarin & Polenta Cake

Oranges (whole), butter, sugar, almond meal, eggs, polenta & baking powder.

Bertha's Brownie

Walnuts, butter, coverture dark chocolate, Dutch cocoa, sugar, eggs, cream cheese, gluten free plain flour & coffee.

Berry Crumble Cheese Cake

Cream cheese, sour cream, sugar, lemon juice, whole egg, corn flour, butter, raspberries, blackberries, blueberries & snow sugar.

Granola Bar

Cranberries, coconut, apricot, pistachio, golden syrup, almonds, macadamias, hazelnuts, gluten free plain flour, flaxseeds, pepitas, brown sugar, puffed grains (brown rice, buckwheat and sorghum), butter, vanilla paste & salt.

Breakfast Muffins

Sugar, wheat starch, vegetable oil, eggs, water, Wheat flour, whey powder, salt, glucose syrup, skim milk powder. (Chocolate Muffin — dark chocolate, white chocolate & Bertha's Brownie. Blueberry Muffins - Brown sugar, gluten free plain flour, butter, oats, blueberries & blueberry jam. Raspberry Muffins - Cream cheese, lemon, wheat biscuit, white chocolate, milk, vanilla essence & lime).

Fig & Ginger Cake

Figs, butter, sugar, almond meal, gluten free flour, eggs, buttermilk, ginger, salt, vanilla paste, icing sugar, cream cheese, pistachios and dried flower petals.

Carrot Cakes

Self-raising flour, brown sugar, vegetable oil, walnuts, carrots (whole), eggs, white chocolate, cream cheese, butter, pistachios, mixed spice & bicarb of soda.

Sour Cherry & Lemon

Eggs, sugar, sour cream, butter, self-raising flour, cherries, lemon juice, salt, lemon zest & gelatine.

Vanilla Strawberry Teacake

Buttermilk, eggs, self-raising flour, plain flour, sugar, salt, butter, white chocolate, cream cheese, freeze dried strawberry & dried flowers.

Lime Yoghurt Syrup Cake

Plain flour, butter, sugar, eggs, yoghurt, blueberries, icing sugar, lime (juice and zest), salt & baking powder.

Passionfruit & Poppy Seed Cake

Sugar, self-raising flour, butter, egg, milk, passionfruit, water & poppy seeds.

Pretzel Bar

Peanut butter, white chocolate, dark chocolate, butter, wheat pretzels, sugar, water, glucose, puff cereal & peanuts.

Lamingtons

Eggs, sugar, plain flour, corn flour, butter, raspberry jam, gelatine (animal based), icing sugar mix, Dutch cocoa, thickened cream & shredded coconut.

Lemon Buttermilk Tart

Buttermilk, sugar, eggs, butter, yoghurt, lemon, corn flour, salt, gelatine & snow sugar.

Frangipane & Berry Tart

Almond meal, sugar, butter, eggs, plain flour, cream, salt, raspberries & blueberries.

Walnut Maple & Bourbon Tart

Plain flour, butter, sugar, eggs, walnuts, maple syrup, glucose syrup, bourbon & salt.

Passionfruit & White Chocolate Tart

Plain flour, sugar, whole egg, butter, cream, white chocolate, whole passionfruit pulp & passionfruit juice.

Salted Caramel Chocolate Crackle Snap

Flour, butter, brown sugar, eggs, dark chocolate, Dutch cocoa, condensed milk, pistachios, icing sugar, white chocolate, cream, caramel, baking powder, all spice & salt.

Macadamia Sandwich

Macadamia nut, plain flour, brown sugar, whole eggs, butter, castor sugar, honey, vanilla paste, baking soda, salt, condensed milk, white chocolate & cream.

Lemon Myrtle Sandwich

Self-raising flour, butter, raw sugar, icing sugar, lemon juice & lemon myrtle oil.

Biscotti

Sugar, gluten free plain flour, baking powder, salt, eggs, pistachios, cranberries & orange.

Peanut Butter Choc Chip Cookies

Butter, sugar, eggs, plain flour, salt, bicarb of soda, peanuts & dark chocolate.

Little Beartha Gingerbreads

Brown sugar, butter, golden syrup, eggs, plain flour, salt, ginger powder & mixed spice.

Pavlova's

Sugar, egg white, cream, icing sugar, raspberry jam, gelatine & cream of tartar. (Nutella & whole hazelnuts added to chocolate Pavlovas).

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Coffee & HazeInut Torte

Brown sugar, hazelnut meal, whole eggs, dark coverture chocolate, butter, Dutch cocoa, coffee, vanilla paste, cream cheese, white chocolate, caster sugar, honey, golden syrup & bicarb of soda.

Chocolate Caramel Tart

Plain flour, butter, sugar, eggs, salted almonds, dark couverture chocolate, cream, water & salt.

Berry Velvet Teacake

Whole egg, almond meal, butter, icing sugar, white chocolate, cream cheese, raspberry paste, blueberry jam, dextrose, food colour E124, freeze dried strawberry, blue corn flowers & snow sugar.

Energy Bar - Orange, Cashew & Date

Dates, cashews, figs, cranberries, coconut, pumpkin seeds, Dutch cocoa powder, linseeds, cinnamon, honey, coconut oil, orange oil, candied fennel seeds, freeze dried orange peel, salt & lemon juice.

Vegan Banana, Coconut & Teff Flour Cake

Whole banana fruit, soy milk, Teff flour (gluten free), coconut oil, apple cider vinegar, coconut, coconut sugar, salt, bicarb of soda, baking powder, cinnamon, nutmeg, mixed spice, Tofrutti cream cheese, Nuttelex Buttery, tapioca, poppy seeds & vanilla paste.

Almond & Raspberry Chocolate Mousse Cake

Almond meal, butter, icing sugar, whole egg, cream cheese, dark couverture chocolate, Dutch cocoa, raspberry jam, gelatine, raspberries & almonds.

Flourless Orange & Chocolate Fudge Cake

Almond meal, sugar, whole orange fruit, dark couverture chocolate, butter, whole egg, icing sugar, water, Dutch cocoa, golden syrup, almonds, blue corn flowers & orange rind.

Persian Love Cake

Butter, sugar, whole egg, almond meal, pistachios, polenta, baking powder, lemon zest, lemon juice, rose water, vanilla paste, mascarpone powder, cream cheese & compound white chocolate.

Orange & Fig Pistachio Mousse Cake

Butter, whole oranges, sugar, whole eggs, almond meal, gluten free self-raising flour, salt, vanilla paste, figs, white, couverture chocolate, cream cheese, icing sugar, cream, pistachio paste, orange peel & poppy seeds.

Blackberry & Orange Friand

Butter, gluten free plain flour, icing sugar, almond meal, star anise, salt, egg white, orange zest, blackberries, water, lemon juice & vanilla paste.

French Earl Grey Teacake

Butter, caster sugar, self-raising flour, vanilla paste, whole egg, coconut, orange juice, milk, French earl grey tea, cream cheese, icing sugar, raw sugar, dried blue corn flowers & whole orange fruit.

Vegan Chocolate Cherry Cake

Plain flour, Dutch cocoa powder, baking powder, salt, raw sugar, coconut oil, coffee, water, vanilla paste, almond butter, cherries, vegan cream cheese, Nuttelex, tapioca, freeze dried cherries and purple mallow flowers.

Vegan Chocolate Slice

Almond meal, dates, Dutch cocoa, maple syrup, lemon juice, salt, Kahlua liquor, white pepper, coconut oil, vanilla paste, cocoa nibs & raspberries.

Fudgee Pistachio & Strawberry Brownie

Caster sugar, pistachio, egg, dark couveture chocolate, butter, vanilla, gluten free flour, cocoa powder, golden syrup, icing sugar, water and strawberries.

Chocolate Peanut & Caramel Meringue Cake

Peanuts, almond meal, raw sugar, dark chocolate drops, gluten free flour, cocoa powder, egg whites, caster sugar, cream of tartar, white couverture chocolate, condensed milk, cream, bicarb soda, glucose syrup, water & butter.

Christmas Fruit Mince Pies

Fruit Mince 55% (sultanas, currants, figs, citrus peel, unsalted butter, brown sugar, dates, ginger, dark rum, lemon juice, mixed spices, nutmeg & salt), wheat flour, sugar, egg & cream.

Gingerbread Christmas Trees

Brown sugar, unsalted butter, golden syrup, whole egg, wheat flour, salt, ginger powder, allspice, egg white, icing sugar & silver cachous ball.